

# BRADFORD BULLETIN

BRADFORD ACADEMY'S PARENT UPDATE

## SPECIAL POINTS OF INTEREST:

- 9/24 - 6th grade optional field trip to Bennett Place
- 9/26 Soccer Scrimmage @ ACS
- 9/27 - JV volleyball away
- 9/28 - 4th grade field trip
- 9/29 - XC HOME meet
- 9/30 - **HOUSE** soccer tournament!
- 10/5 - 2nd and 3rd field trips
- 10/6 - MS volleyball & XC meet AWAY
- 10/7 - MS XC meet AWAY
- 10/7 - Last day of 1st Quarter - report cards go home
- 10/10 - 10/14 - FALL BREAK

## PRAYER

Please pray for God's supply regarding specific needs:

- 1) Planning and execution of the many tasks that make Bradford a special place!
- 2) **Scholarship fund.** We have an increasing need to continue making Bradford Academy accessible to all families who desire a CHRISTIAN AND CLASSICAL education in Mebane.
- 3) Our HIGH SCHOOL program

## SCHOOL CONTACT INFORMATION

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# PARENTING: THE BALANCE

Last November, Julie Lythcott-Haims, the former Dean of freshmen students at Stanford University, delivered a TED Talk with the title "How to raise successful kids - without over parenting." \* In it she expressed the sentiment that I have seen reported in many articles and studies: that is, that while students entering our top tier colleges are sporting resumes and test scores that outshine previous classes, the students themselves are characterized by a significant deficit in character and an inflated set of expectations. She suggests that the rising generation lacks the "executive function" to be successful on their own.\*\* That problem she believes is directly correlated to the kind of parenting (or "over-parenting") that is common among these young adults.

While TED talks are not necessarily Christian, they often present ideas and studies that Christians should note. In this instance, we should be absolutely certain that we take our role of parenting seriously (see Prov. 22:6, Eph. 6:4, Deut.6:6-8, Proverbs 13:24, etc.) and be careful to not fall off the path of righteousness on one side or the other. We recognize that we should not be negligent in our duties of parenting on one hand, nor should we overdo the direction and guidance we provide. It is well documented that "helicopter parenting" (i.e. constantly hovering around your kids, overseeing their every move, etc. see *Time Magazine*, Nov. 30th 2009) is a growing trend.

The problem is that

## Prov. 22:6

"Train up a child in the way he should go, and when he is old he will not depart from it."

## Eph. 6:4

"...fathers, do not provoke your children to wrath, but **bring them up** in the training and admonition of the Lord."

it is too easy to err on the left and on the right. The hard work of parenting is finding that balance between being present and holding high expectations on one hand and allowing enough space in your child's life to make mistakes and take responsibility for their own actions.

The conclusion of the talk makes two simple recommendations. These two observations are drawn from a Harvard study conducted over 75 years chronicling the lives of average people over a lifespan. Many conclusions have been drawn from the study but the one that is relevant to this discussion is that successful and "fulfilled" adults are characterized by a childhood in which they learned to do chores and learned to love. In other words, getting straight A's was not a predictor of happiness or success, nor was getting into the best the college.

Julie Lythcott-Haim has argued that the two best things we can do to help our children become successful adults are to 1) give them chores, and 2) teach them to love. In terms that are more

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# From the Teacher's Desk

## MRS. RIVERA & MRS. JONES

(KINDERGARTEN)

**Math:** Identifying a rectangle, identifying the number of sides and angles of a rectangle, writing some, some more stories, creating addition problem situations, identifying the attributes of pattern blocks, creating and reading a repeating pattern, addition facts : doubles with sums to 18, and written assessment #4.

**Phonics:** Target sounds /D/, /N/, and /G/. Our kindergarten scholars enjoyed collecting objects that began with the letters: D, N, and G. We worked on their public speaking skills and encouraged them to ask questions about their friends' treasures.

**History:** The Tower of Babel as read in Genesis 11. We discussed King Nimrod and his desire to be famous. He convinced the people that they would be great if they built this tower up to heaven. God mixed up their languages so they could not communicate with each other. God wants us to be humble and think of others above ourselves. We compared and contrasted the two different kinds of builders that we learned about recently. Noah was a builder that pleased God while the people of Babel were builders that angered Him.

**Music:** This week our Kindergarteners had our usual prayer and weekly praise verse (Psalm 66: 1-2), and then we learned about the conductor, who leads the orchestra. After the educational video, the teacher pulled out her baton, and demonstrated to the students how the conductor would use it to direct the orchestra. We then listened to Beethoven's, "Symphony 6," and enjoyed singing and giving God the glory!

**Art:** Wassily Kandinsky's artwork was our inspiration for their art project this week. He was a Russian born painter who was inspired by colors found in nature. Kandinsky realized that shapes and colors alone could be art. He was one of the founding fathers of Abstract Art. Some of the students love to refer to him as the candy artist because his geographic art combined with his name remind them of candy.

**Science:** Kindergarten finished up our unit on the Five Senses by focusing on "touch" this week. Each student felt various materials to experience smooth, rough, bumpy, and soft textures.

**Memory Verses:** Proverbs 10:19,

Review Proverbs 1:7, 1 Corinthians 13:4-8a, and Ecclesiastes 9:10.

## MRS. CAMPBELL

(1ST GRADE)

**Math:** Identifying fractional parts of a whole; dividing a square in half two different ways; identifying geometric shape pieces that differ in one way; telling and showing time to the half hour; doubles plus 1 addition facts

**Phonics:** L and R blends review

**Reading:** *Alfred the King* (vocabulary, reading comprehension and art activities)

**Grammar:** Proper nouns (full names), Common nouns (names of places), Poem memorization: "Work"

**History:** We enjoyed learning more about the Pilgrims and our school's namesake, Governor William Bradford.

**Music:** Our first graders began music class with prayer and our weekly praise verse, and then we enjoyed a historical cartoon video about Beethoven. Then, as we colored we listened to Beethoven's, "Symphony 6." This week we learned about posture and techniques for standing and sitting while singing during our music theory time. Finally, we had a blessed time singing and praising the Lord with hymns and Bradford Night songs.

**Science:** Review (Test on Tuesday, October 4)

**Art:** Students were introduced to our featured artist John James Audubon and his famous Birds of America series. They were given the opportunity to imitate one of Audubon's bird paintings.

**P.E.:** Soccer tournament practice

**Verses:** 2 Peter 1:20-21

## MISS STEVENSON

(2ND GRADE)

**Math:** Writing Fractions Using the Fraction Bar, Adding 9, Writing Fraction Number Sentences That Equal 1, Identifying Dozen and Half Dozen, Writing a Fraction to Show a Part of a Set, Reading and Writing Numbers to 1,000 Using Digits

**History:** Unification of Upper and Lower Egypt By Pharaoh Menes

**Grammar:** Noun Job Charts, Simple and Complete Subjects and Predicates

## Women in Prayer

Please join us as we  
come together to pray  
for the school, the teachers  
and the students.

**Mondays**  
**8:00 am**  
**at Bradford Academy**  
**(in the Lobby)**

*The prayer of a righteous person  
is powerful and effective.*

*James 5:16*



**Music:** Second grade began music class with prayer and our weekly praise verse, then we watched an interesting historical cartoon about Beethoven. We then listened to Beethoven's, "Symphony 6," as we colored our music sheet. This week, during music theory, we learned about the techniques of posture (standing and sitting) while singing. We then enjoyed singing and praising the Lord with our hymns and songs for Bradford Night.

**Phonics:** Coding Long Vowels Before Silent Es

**Spelling:** Sight Words

**Reading:** *My Father's Dragon*

**Latin:** Family Members (father, mother, brother sister)

**Science:** Reviewed for Test (Tuesday, Sept. 27)

**Art:** Students were introduced to our featured artist John James Audubon and his famous Birds of America series. They were given the opportunity to imitate one of Audubon's bird paintings.

**P.E.:** Soccer

**Verse:** Philippians 2: 14-15

### MRS. MITCHELL (3RD GRADE)

**Math:** Repeated addition as multiplication; conversions from weeks to days, years to months, feet to inches, centimeters to millimeters; drawing pictures and writing number sentences for equal groups stories; number of days in each month; numbers to 999 and place value.

**History:** Homer and Greek Mythology. Next test: 9/30

**Reading:** *Greek Myths* by D'Aulaire.

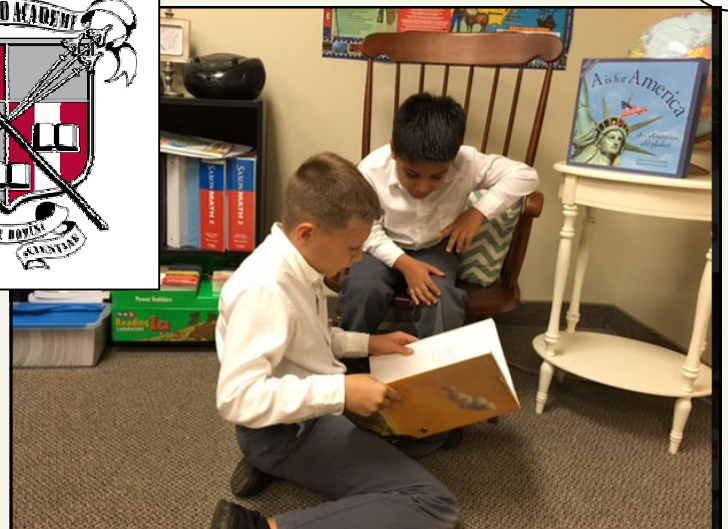
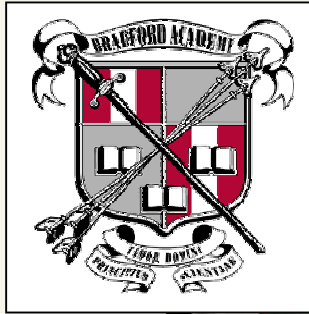
**Latin:** 2nd Declension Masculine Nouns - the boys were happy to have their chapter :). Next test 9/30

**Grammar:** Putting skills we've learned into practice with Oral Skill Builders checks; practice and improved sentences.

**Writing:** First Keyword Outline - students read a well-written paragraph and chose 3 words per sentence to use to remember the point of the sentences. The next day they read their keywords and attempted to rewrite the sentences so that they can focus on structure and style as opposed to content.

**Music:** This week we began music class with prayer and our weekly praise verse. We then enjoyed watching a historical cartoon about Beethoven. As we finished the video we then listened to Beethoven's, "Symphony 6," as we colored our music sheet. Then, during our study of music theory, we talked about posture and the best ways of sitting and standing while singing. We then had a wonderful time praising the Lord with our hymns and songs for Bradford Night.

**Science:** Biomes: Grasslands and Rain Forest. Continued



research for in-class group presentations.

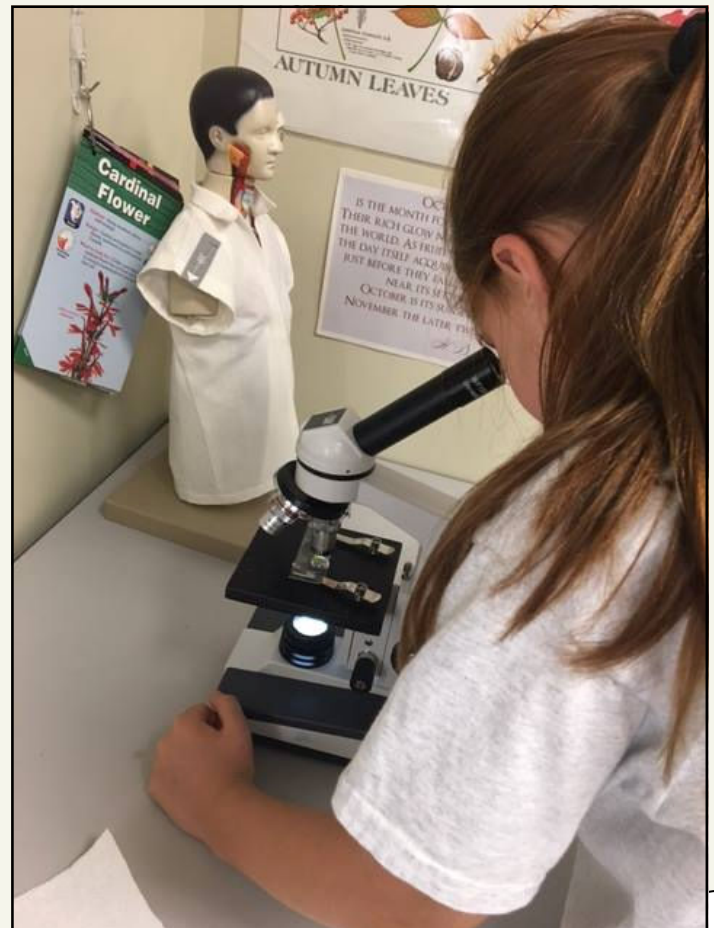
**Art:** The Cube: how to draw in 3-D continues. The students are doing a great job learning some of the 12 Renaissance words for drawing: foreshortening, shading, shadow, and placement.

**P.E.:** Soccer.

**Verse:** 1 Peter 3:8-9

### MRS. HAMILTON (4TH GRADE)

**Math:** Students learned to divide with and without remainders,



## From the Teacher's Desk (Continued)



to recognize halves, and to list the factors of whole numbers. Students also learned about parentheses and the associative property.

**History:** Justinian the Great—after a multitude of victories against the Goths and Vandals and getting some of the Old Empire back, Justinian went on a building campaign in his capital, Constantinople. However, students learned that the impressive victories and the majestic buildings, including the Hagia Sophia, came at a great price for the Byzantine empire following Justinian's death: financial collapse.

**Grammar:** We reviewed all of the parts of speech and learned to identify and label predicate words in the complete subject. We also completed our fourth assessment.

**Writing:** In creative writing, students continued working on an original story based on Mussorgsky's "Pictures at an Exhibition." This is the first of two units this year where we combine music and writing.

**Literature:** *Rolf and the Viking Bow:* Students are holding their breath to see who came on the ship that was saved from certain doom by the lighting of the beacon.

**Latin:** At long last, we began the study of pronouns. This week we focused on the third-person singular pronouns he, she, and it. We also began our one-sentence translation challenge.

**Science:** Students were very excited to "dissect" flowers and to observe their findings under the microscope. Students also drew and labeled diagrams of their flowers. **Reminder: NC Museum of Science field trip 09/28.**

**Art:** After reviewing one point perspective, the students carefully drew a room in one point perspective and then added their own details and embellishments.

**Music:** We began music class with prayer

and our weekly praise verse. We then enjoyed a historical video about Beethoven, and listened to his, "Symphony 6." After speaking about posture in music theory, we began playing and learning more about our recorders! We practiced old fingerings, playing and keeping the beat together, and then discussed our special for Bradford Night.

**P.E.:** Soccer.

### MISS WINDES

(5TH GRADE)

**Math:** Review and test; Divisibility; Equal Groups Problems with Fractions; Investigating Fractions with manipulatives.

**History:** This week we learned about Sir Walter Raleigh, a man of fortune and wit who sponsored the colony of Roanoke which mysteriously disappeared and became known as the "Lost Colony."

**Reading:** After escaping the goblin tunnels, our travelers find themselves in a yet more dicey situation - caught in trees with goblins and wargs swarming at the base. Fortunately, a kindly and goblin-hating set of eagles quite literally swoop in to their rescue. The students did an excellent job preparing and reciting their poems from *The Hobbit* to the class!

**Latin:** We are strengthening our translation skills, building our vocabulary, and cementing the endings in our brains.

**Writing:** The students continue writing their own poems, brainstorming vivid words, images, and phrases to make their meaningful ideas come to life.

**Grammar:** We are sending letters abroad! South African students at Mukhanyo Christian School will be receiving the 5th graders letters in the next few weeks. We looked at the value of writing pen pals, and the various aspects of a friendly letter. The predicate and its various elements are being reviewed in class, as well as the "Being Verb Jingle."

**Music:** This week we began music class with prayer and our weekly praise verse, (Psalm 66:1-2). We then enjoyed watching a historical cartoon about Beethoven. We also listened to Beethoven's, "Symphony 6," as we quietly colored our music sheet. We then moved on to music theory, and discussed the techniques of good posture (sitting and standing) while singing. We then spent time praising the Lord with our hymns and Bradford Night Songs.

**Science:** After reviewing the muscular system, we began learning about the integumentary system and about how to take better care of our skin.

**Art:** We began a new project this week drawing chess pieces and blocks to practice our

3D

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## PARENTING: THE BALANCE (CONTINUED)

philosophical, we might say that we want our children to learn a strong work ethic and compassion or empathy for our fellow man. This, it seems, is more important than finishing their science project for them or giving them answers on their worksheets.

This work of parenting might hurt every now and again, and the process is not an easy one. However there is wisdom to be had (James 1:5) and power and grace in Christ (Phil. 4:13). Let us all be committed to this work and not grow weary for in time we will reap the harvest! (Gal.6:9-10)

\* The TED talk can be found here: [https://www.ted.com/talks/julie\\_lythcott\\_haims\\_how\\_to\\_raise\\_successful\\_kids\\_without\\_over\\_parenting?utm\\_source=tedcomshare&utm\\_medium=referral&utm\\_campaign=tedsread](https://www.ted.com/talks/julie_lythcott_haims_how_to_raise_successful_kids_without_over_parenting?utm_source=tedcomshare&utm_medium=referral&utm_campaign=tedsread)

\*\*The article that led me to the talk can be found here: <http://www.dailycrackle.com/helicopter-parenting/>

**Please Note:** The following list is not exhaustive nor authoritative. However, I hope you will all at least consider it suggestive. You may find many more lists like this online.

## Age-Appropriate Chores for Children



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### Ages 2-3

- ☐ Put toys in toy box
- ☐ Stack books on shelf
- ☐ Place dirty clothes in laundry hamper
- ☐ Throw trash away
- ☐ Carry firewood
- ☐ Fold washcloths
- ☐ Set the table
- ☐ Fetch diapers & wipes
- ☐ Dust baseboards

### Ages 4-5

- ☐ Feed pets
- ☐ Wipe up spills
- ☐ Put away toys
- ☐ Make the bed
- ☐ Straighten bedroom
- ☐ Water houseplants
- ☐ Sort clean silverware
- ☐ Prepare simple snacks
- ☐ Use hand-held vacuum
- ☐ Clear kitchen table
- ☐ Dry and put away dishes
- ☐ Disinfect doorknobs

### Ages 6-7

- ☐ Gather trash
- ☐ Fold towels
- ☐ Dust mop floors
- ☐ Empty dishwasher
- ☐ Match clean socks
- ☐ Weed garden
- ☐ Rake leaves
- ☐ Peel potatoes or carrots
- ☐ Make salad
- ☐ Replace toilet paper roll

### Ages 8-9

- ☐ Load dishwasher
- ☐ Change light bulbs
- ☐ Wash laundry
- ☐ Hang/fold clean clothes
- ☐ Dust furniture
- ☐ Spray off patio
- ☐ Put groceries away
- ☐ Scramble eggs
- ☐ Bake cookies
- ☐ Walk dogs
- ☐ Sweep porches
- ☐ Wipe off table

### Ages 10-11

- ☐ Clean bathrooms
- ☐ Vacuum rugs
- ☐ Clean countertops
- ☐ Deep clean kitchen
- ☐ Prepare simple meal
- ☐ Mow lawn
- ☐ Bring in mail
- ☐ Do simple mending (hems, buttons, etc.)
- ☐ Sweep out garage

### Ages 12 and up

- ☐ Mop floors
- ☐ Change overhead lights
- ☐ Wash/ vacuum car
- ☐ Trim hedges
- ☐ Paint walls
- ☐ Shop for groceries w/list
- ☐ Cook complete dinner
- ☐ Bake bread or cake
- ☐ Do simple home repairs
- ☐ Wash windows
- ☐ Iron clothes
- ☐ Watch younger siblings



## From the Teacher's Desk (Continued)

shapes, perspective, and shading realistically.

**P.E.:** Goals in fitness are a continuing theme. We will check up on our progress next week. Rainy day indoor exercises and stretches were practiced this week such as the plank, wall sits, crab walk, bunny hops and bear walk. The students were breathless afterwards, but also energized to rewrite some of their goals for themselves.

**Verse:** Romans 12:13-16

**Upcoming Tests:** Wednesday, 9/28: Ch. 5 Latin  
Friday, 9/30: Spelling, Romans 12:17-19, History, Math and Multiplication Facts

### MRS. GARRETT (6TH GRADE)

**Math:** Word problems consume our math lessons each day, as well as speed drills in division to get our minds moving and pencils flying.

**History:** What in the world? Each student is researching a country of their choice, and learning new skills surrounding how to dig into various sources to find the information one needs. The students are making their country's flag. They are also striving to understand her topography, climate, and historical markers.

Field Trip to Bennett Place 9/24/16, 10 am,  
*Trail of Tears Play: **RESCHEDULED** to October 7th, 2 p.m.*

**Reading:** We continue to dig into Kipling's work, and uncover the meanings of the literary terms for the test on October 6th.

**Latin:** Besides learning yet more third declension adjectives, we did a mega vocabulary review to remember all the vocabulary from chapters one through five.

**Grammar & Writing:** Correcting and revising might not feel very productive, but these simple tools are helping the students to remember their grammar rules and form rich sentences. The Friendship Papers continue to be a backdrop for the students to explore how to better communicate their thoughts.

**Music:** This week, sixth grade began music class with prayer and our weekly praise verse. Then we enjoyed a historical cartoon about Beethoven, along with our usual BBC Documentary and Worksheet. On Thursday, we had our History of Hymns, and studied posture in music theory. We then finished class praising God with our hymns and songs for Bradford Night.

**Science:** What value does God place on Life? How does that relate to binary fission, fragmentation, regeneration, budding, and vegetative reproduction? The students begin their study of genetics. They are conducting an experiment in class surrounding earlobes, thumbs, and hairlines.

**Art:** Mrs. Thrasher continues to aid the students in intricate

bead work in honor of the Native Americans. The students are showing much improved skill and perseverance.

**P.E.:** Why do we set goals? What are some ways to move forward each day toward achieving goals? The students looked in-depth at goal setting: why, how, and barriers to achieving goals. After reviewing their own physical fitness goals, the students began to keep track on their personal goal calendars as they progress day by day.

**Verse:** Ephesians 1:1-12. Students create artistic study guides to enable them to learn God's Word, and understand its meaning better.

Science Experiment: 9/22, Vocabulary/Spelling Test: 9/23,  
Ephesians Test: 9/23, Costumes due: 9/23, Flag DIY due 9/26,  
International Country research, 2nd page due: 10/6

### MR. JOHNSTON (7TH/8TH GRADE HOMEROOM)

**Pre-Algebra:** We reviewed area of a rectangle, multiplying and dividing fractions, and how to find the fractional part of a number. Overall, the students are doing well learning new concepts and that was reflected on Test 4.

**Algebra:** The students took test 4 this week, then we spent two extra days reviewing addition/multiplication/division of signed numbers and evaluating algebraic expressions with signed numbers for the variables. These two topics were commonly missed on the test. We started the distributive property and addition of like algebraic terms.

**Omnibus I (7th):** We began the *Epic of Gilgamesh* this week. The kids greatly enjoyed this transition into literature and have been engrossed in the story, pondering its fantastic characters and recoiling with horror at its frank depiction of evil. We compared Gilgamesh with Jesus and also examined the many versions of the flood myth that exist worldwide.

**Omnibus II (8th):** We turned to Augustine's *Confessions* this week, the classic of early Christian literature. We began by examining Augustine's famous claim about the native restlessness of the human soul before moving on to read the fascinating account of Augustine's boyhood and rise to prominence as a teacher of rhetoric.

**7th/8th Composition:** This week we began looking at the often complex world of subject-verb agreement.

**Music:** This week seventh and eighth grade began music class with prayer and our weekly praise verse (Psalm 66:1-2). We then enjoyed watching a historical cartoon about Beethoven, and continued our BBC Documentary and worksheet. On Thursday, we had our History of Hymns, and then discussed posture as our subject for music theory. Finally, we spent

## From the Teacher's Desk (Continued)

time praising the Lord with our hymns and Bradford Night Songs.

**Latin:** The students reviewed the genitive and dative cases.

**Logic:** Our budding philosophers and logicians continue to wrestle with the art and science of reasoning well. This week we began the ad fontem fallacies which attack the source of an argument. We focused on the Tu quoque (You too!) and the Genetic fallacy.

**Science:** We are discussing characteristics of the earth's moon and the effects of the moon on the earth. The next test is Thursday Sept 29th.

**Art:** The students are excited about using some of our new technology, LED light pads, to finish creating their comic strips. They have developed some very interesting characters and we hope to have them on display at Bradford Night.

**PE:** The students are still working on their soccer skills. This week we focused on the position of a defensive player and the correct distance they should maintain from the player with ball. We additionally worked on the positioning and skills of goalies. **PARENTS:** Students NOT wearing their P.E. uniform are having to run extra laps for not being prepared. Additionally, if they forget their uniform more than twice a quarter it will impact their grade.

### MR. HAMILTON (9TH GRADE HOMEROOM)

**Art:** The students are now working with acrylics and finishing painting the human eye. By doing this project immediately after the watercolor human eye they are able to learn how to work with multiple mediums and understand how to manipulate them to create the desired effect. In our class discussions, we continue to work on the theory of classifying good and bad art by graphing it on a bullseye. At the center of the bullseye are the things that God values and His standards of beauty and truth. As we work outward to the other rings of the bullseye we see the distancing from the truth and even to the extreme where we see art that actually denies truth and ultimately attempts to deny the very existence of God.

**Literature:** We continued to read and analyze several key poems from the Romantic movement this week. We also worked at composing our own poems in the Romantic tradition.

**History:** We returned to *Foxe's Book of Martyrs* this week and reviewed some of its tragic and deeply moving tales of Christian martyrdom, particularly during the turmoil in England in the 16th and 17th centuries.

**Theology:** We took a look at two key philosophers in the early modern period, Descartes and Locke, paying special attention

to Locke's influence on American political theory.

**Spanish:** We had a quiz on Mateo 6:9-10 and Tongue Twister "Erre con Erre." We will be moving more rápido now that we are in Lesson 2, In the Classroom. Interrogative words were memorized to the tune of "Jingle Bells." Concepts of schedules, days of the week, and vocabulary pertaining to the classroom are the topics we are covering. Students giggled over the Fotonovela about exchange student, Marissa, who was in Mexico City.

**Biology:** We concluded our study of cartilaginous fishes, bony fishes, and amphibians. Next week we will begin a section on reptiles, mammals, and avifauna. The students will also begin presenting their first oral research projects.

**Geometry:** We are continuing with our study of segments and measurement. Also teams are developing some impressive plans for their 100-popsicle-stick bridges. Construction will begin on Monday. We hope to weight test the bridges by October 7 to see which team will win the engineering award.

